

KELLY SMYTH-DENT, LCSWReno, Nevada | www.scalingupemdr.com

EDUCATION

Master of Social Work, University of Denver, Denver, CO Concentration: Mental Health Certificate: Marriage and Family Therapy, Denver Family Institute Certificate: Social Work for Latinos/Latinas (Advanced Level Spanish Speaker)	June 2016
Master of Public Affairs, University of North Carolina, Greensboro, NC Focus: Nonprofit Management	June 2012
Bachelor of Arts, Elon University, Elon, NC Major: Human Services	June 2006

TRAININGS AND CERTIFICATIONS

EMDR-IGTP, EMDR-PRECI & EMDR-ASSYST Trainer in Training Dr. Ignacio Jarero	January 2018 - Present
The World of Firefighting and Emergency Medical Services Behavioral Health <i>Firefighter Behavioral Health Alliance</i>	February 2017
Applied Suicide Intervention Skills Certification <i>LivingWorks training workshop</i>	December 2016
Trauma-Informed Care Trainer Certification <i>Colorado Professional Development Center</i>	December 2016
Eye Movement Desensitization and Reprocessing (EMDR) Basic Training <i>EMDR in Fort Collins with Janet Wright, LCSW</i>	Oct 2016
Trauma-Informed Care Practitioner Certification <i>Colorado Professional Development Center</i>	Oct 2016
Emotionally Focused Therapy (EFT) Externship <i>Colorado Center for Emotionally Focused Therapy</i>	May 2016
Nonprofit Management Professional Certification <i>Duke University</i>	Nov. 2009

PRESENTATIONS, SEMINARS AND WORKSHOPS**Co-Presenter: EMDR-IGTP and EMDR-PRECI with Dr. Jarero**

- Austin, Brenham & Dallas, TX; Denver, CO; Berkeley, Los Angeles, San Diego, CA; Las Vegas, NV; Paris, France; Atlanta, GA 2019
- Denver, CO; Salt Lake City, UT; Boston, MA; Austin, TX; Raleigh, NC; Shire, Ethiopia; Kerula and Mumbai, India; Dhaka and Cox's Bazar, Bangladesh 2018

Guest Lecture: Group EMDR With Refugees

Dr. Rohini Gupta's Trauma Interventions class Feb 21, 2017
University of Denver Graduate School of Professional Psychology Feb 6, 2018

Guest Lecture: Sand Tray Play Therapy

*Professor Stephen von Merz's Strategies & Techniques of Family Systems Theory class
University of Denver Graduate School of Social Work*

Guest Lecture: Understanding Trauma

*Professor Stephen von Merz's Clinical Social Work Theories and Practice class
University of Denver Graduate School of Social Work*

Oct 31, 2016

RESEARCH EXPERIENCE

Published Research

A Field Study on the EMDR Integrative Group Treatment Protocol for Ongoing Traumatic Stress Provided to Adolescent Eritrean Refugees

July 2019

Field Work in Puebla, Mexico utilizing EMDR-PRECI with First Responders

Dr. Jarero and his research team

March 1-4th, 2018

Field Work in Puebla, Mexico utilizing EMDR-IGTP with Cancer Patients

Dr. Jarero and his research team

August 1-4th, 2017

CLINICAL EXPERIENCE

Private Practice Psychotherapist

June 2016 – Present

- Enhance the well-being of the relationships and lives of individuals, couples and families through psychotherapy, utilizing Narrative Theory, Feminist Theory and a Client-Centered Approach
- Provide EMDR (Eye Movement Desensitization and Reprocessing) Therapy to clients experiencing the effects of trauma in both English and Spanish
- Conduct Emotionally Focused Therapy (EFT) to couples and families that want to enhance the intimacy and connection in their relationships
- Offer family and play therapy to children and adolescents, along with their parents and siblings
- Receive weekly supervision from a LCSW supervisor

Couples and Family Therapy Clinician

August 2015 – August 2017

MSW Joint-Student, Denver Family Institute, Denver, CO

- Provide Emotionally-focused Therapy (EFT) for six couples and families per week
- Write progress notes and develop treatment plans and interventions appropriate for the families
- Receive bi-monthly individual and group supervision with live and video observation for direct feedback
- Present and participate in case conferences and case presentations with supervisor and peers monthly

Bilingual Individual, Family and Child Play Therapy Clinician

August 2015 – June 2016

MSW Intern, Maria Droste Counseling Center & Gust Elementary School, Denver, CO

- Conducted client-centered play therapy for 12 children per week in an elementary school-setting
- Provided clinical individual and family therapy sessions in an agency-setting for five clients per week
- Completed intakes, evaluations, assessments and individualized service plans in Spanish and English
- Developed and submit treatment plans, progress notes, diagnoses and insurance information
- Received weekly individual supervision, and monthly case conference and group supervision

Mental Health Clinician

June 2014 – May 2015

MSW Intern, Servicios de la Raza, Denver, CO

- Provided weekly clinical therapy sessions for 13 Mexican-American individual clients in English
- Conducted individual intakes, evaluations, treatment plans and submitted Medicaid reimbursements
- Developed and monitored treatment plans and progress, and maintained clinical charts and reports
- Received bi-monthly individual supervision and monthly group supervision

Refugee Resettlement Program Supervisor

Church World Service (Reception and Placement program), Greensboro, NC

- Coordinated all case management services for over 200 clients, including mental and physical health care needs, housing referrals, and food stamp/Medicaid applications with weekly supervision
- Established rapport with a diverse client caseload and conducted bio-psycho-social assessments
- Empowered each client to accomplish their goals according to their strengths and desires
- Supervised four staff members, seven AmeriCorps members and ten language interpreters

PROGRAM DEVELOPMENT EXPERIENCE

Short-term Deployment Caribbean/Haitian Unit Participant

Feb. 2013 – Jan. 2014

United Nations High Commission for Refugees and Church World Service partnership

- Selected as one of 20 refugee professionals in the nation to be on-call for short-term deployments to the Caribbean (mostly Haiti and Cuba) to conduct overseas processing of refugees
- Prepared Refugee Status Determinations & Resettlement Registrations for refugees applying to resettle

Citizenship Education Coordinator

June 2011 – July 2013

Church World Service (USCIS program), Greensboro, NC

- Piloted and implemented the Citizenship Education Program managing 10 classes per semester for a total of over 200 immigrant and refugee students
- Co-wrote and obtained a two-year, \$116,000 federal grant from USCIS to conduct citizenship classes
- Supervised seven AmeriCorps members, 30 volunteers and 65 students

Sponsorship Developer

May 2009 – June 2011

Church World Service (Reception and Placement program), Greensboro, NC

- Conducted case management services for refugee clients, including bio-psycho-social assessments
- Developed an outreach program and mobilized a new refugee resettlement office
- Recruited, trained and assessed over 500 volunteers to assist newly arriving refugees to the U.S.
- Implemented fundraising events, grant proposals and education workshops

VOLUNTEER EXPERIENCE

Volunteer Social Worker

July – August 2015

Pop Wuj, Xela, Guatemala and Costa Rican Language Academy, San Jose, Costa Rica

- Interviewed families to receive safe stoves, trees/plants and scholarship for higher education
- Served families of single mothers in rural, indigenous communities by tutoring children after-school

Association for Refugee Service Professionals Participant

February 2012

Traveled to Jordan, Jerusalem and the West Bank for an educational trip

- Met with peace activists, visited refugee camps, the Israeli barrier walls, and the expanding Israeli settlements in occupied Palestinian territories
- Participated in the processing and health screenings and cultural orientation classes of Iraqi refugees through the International Organization of Migration (IOM)

United Civic Alliance Network Program Participant

March – July 2011

U.S. Department of State and the U.S. Embassy in Ankara, Turkey collaboration

- Selected as one of 30 nonprofit leaders in North Carolina to create joint community-based projects to deepen ties between people in Turkey, Armenia and the United States
- Built non-governmental organization (NGO) capacity and civil society by positively impacting citizenry to facilitate growth of nonprofit programs in Turkey and Armenia