Tim Eby-McKenzie, MA, LMFT

Tim Eby-McKenzie is a Licensed Marriage and Family Therapist in California. He maintains a private practice that includes offices in Los Angeles and Sonoma Counties, and practices throughout the state online.

Tim spent 17 years working as a social worker, supervisor, program director and advocate in the Los Angeles County foster care programs. He later worked in both low and high intensity mental health programs in Los Angeles County across a 12-year period in the poorest and least served areas of the county. Prior to starting full-time private practice, Tim served as Assistant Vice President for Clinical Programs at Sycamores – the largest mental health provider for children in Los Angeles County.

Throughout his career, Tim has lived and worked in under-resourced in India, the Philippines and Los Angeles County, exploring ways to promote uplift, empowerment, and access to quality services. He is a co-founder of an NGO with the mission of empowering indigenous leaders to organize, advocate and promote quality health/mental healthcare in high-needs and very low-resource communities on 5 continents. He also sits on the board of Breakout Healing, an organization founded by Sadie Smith, LMFT, to ensure mental health as a human right in poorly resourced communities around the world.

Tim's personal and professional passion is healing trauma. He has training in multiple trauma-focused protocols, including EMDR, Prolonged Exposure, Seeking Safety and he is a Certified Supervisor of Trauma-Focused CBT. Tim is a Certified EMDR therapist and EMDRIA Approved Consultant, as well as a facilitator of Trauma Recovery/HAP basic EMDR training.

EMDRIA Approved Consultant

Tim is available for consultation

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| Specializations* International Aid Workers
* LGBTQ+
* Crime/Community Violence
* Spiritual Abuse
* Foster Care Youth & Young Adults
 | Experience* ASSYST Group/Individual (online & in person)
* EMDR PRECI (online & in person)
* EMDR IGTP-OTS (online & in person)
* Clinical Supervision & Consultation
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Email Tim