

Viviana A Triana, Licensed Clinical Social Worker Supervisor

EDUCATION

Baylor University School of Social Work - Waco, TX

- Master of Social Work, May 2008

2007-2008 Outstanding Field Intern of the Year

Baylor University George W. Truett Theological Seminary - Waco, TX

- Master of Divinity, May 2008

Baptist University of the Americas - San Antonio, TX

- Bachelor of Arts in Theology, May 2004
- Graduated Magna Cum Laude

LICENSURE, CERTIFICATIONS, AND PROFESSIONAL AFFILIATIONS

Texas State Board of Social Work Examiners- Licensed Clinical Social Worker Board Approved Supervisor License Number 52032

Eye Movement Desensitization and Reprocessing (EMDR) Certified Therapist, Approved Consultant and EMDR Approved Trainer by EMDRIA- EMDRIA member

CLINICAL AND WORK EXPERIENCE

Private Consultation Practice, Co-Owner

April 2013 to Present – Vivianas EMDR - Dallas, TX

- EMDRIA Approved EMDR Consultant – offers individual and group consultation, for EMDR clinicians to enhance their skills and practice
- Provides EMDRIA approved EMDR Basic Trainings
- Provides EMDRIA advanced approved training on EMDR Protocol for Recent Critical Incidents (PRECI) and EMDR Integrative Group Protocol (IGTP)
- Provides EMDR therapy to children, Adolescents, and Adults

Clinical Director

September 2020 to present- Youth 180 Inc - Dallas, TX

- Organize and oversee the clinical program and daily operations of the outpatient treatment center

- Ensure all aspects of clinical care and programming align with evidence-based best practices, and comply with all applicable legal, ethical, and regulatory standards
- Work with central functions to ensure appropriate documentation, adherence to policies, and communication
- Engage with the community to foster strong local relationships
- Deliver individual and group therapy sessions and/or lead IOP/PHP programming as needed
- Conduct weekly supervision and training with direct reports
- Provide opportunities for professional growth and development
- Overall responsibility for state licensing compliance by ensuring program and facility compliance, and employment record compliance.
- Responsible and accountable for managing direct reports including: Preparation and presentation of performance evaluations, objective setting, compensation recommendations, training and development, disciplinary actions, selection interviews, and monitoring adherence to Company and department policies, procedures, and practices

Program Director, South Dallas Counseling Center

October 2019 to June 2020 - The Family Place - Dallas, TX

- Provided management of the daily operations of the South Dallas Counseling Center and supervises staff, including interviewing, hiring and evaluating job performance. Includes oversight and clinical supervisor for the therapist located at the supportive living program.
- Provided regular individual and team clinical supervision to staff; provides clinical supervision to staff working towards full licensure, as well as master's level interns.
- Provides on-going assessment and evaluation of the clinical program to ensure that client needs, agency standards and funding requirements are met; uses outcome data to manage staff and program performance.
- Ensured accurate and up to date documentation, client files, and statistics as required by agency policies and funding sources.
- Worked closely with all of the non-residential programs to coordinate services to clients.
- Assisted in preparing and managing approved program budget.
- Provided clinical and crisis support to clients as needed.

Clinical Services Manager

May 2018 to October 2019 - Promise House - Dallas, TX

- Provided day-to-day coordination and management of clinical services for all programs.
- Responsible for sourcing and interviewing intern candidates; hiring, managing, supervising, and evaluating job performance for provisionally licensed clinicians and practicum students
- Conducted individual and group supervision sessions, as required by licensing and university guidelines

- Completed review of all data and documentation to ensure accuracy and compliance with licensing regulations
- Provided clinical training and consultation to staff, as needed
- Provided therapeutic services to clients and their families, as needed
- Participated on community committees, taskforces, councils, and workgroups to collaborate and coordinate services within the community and agency
- Promoted public awareness through community education and outreach to generate referrals and support
- Assisted in developing and managing program budget
- Provided and analyze required monthly reports and statistics for effective management and delivery of clinical services

Lead Bilingual Therapist

August 2016 - April 2018 - The Center for Integrative Counseling and Psychology- Dallas, TX

- Coordinated the behavioral health care program at a partner agency (North Dallas Shared Ministries)
- Developed the structure for the program including creating protocols and procedures, outputs and outcomes measures and statistical data collection
- Provided ongoing individual, group and family psychotherapy, crisis intervention, diagnostic consultation, and case follow up in English and Spanish for children, adolescent, and adult clients at North Dallas Shared Ministries
- Supervised Master interns and other staff and volunteers at North Dallas Shared Ministries
- Provided individual, group, and family therapy at the main office for children, adolescents, and adults in both English and Spanish
- Offered individual and group consultation, for EMDR clinicians to enhance their skills and practice at the main office
- Provided clinical supervision for social workers pursuing clinical licensure at North Dallas and the main office

Bilingual Women's and Children's Therapist

April 2013 to July 2017- Genesis Women's Shelter and Support- Dallas, TX

- Provided individual, family and group psychotherapy to women and children affected by trauma and domestic violence at the outreach office, shelter, and transitional housing locations
- Provided crisis intervention and therapeutic remediation of family violence
- Completed client's documentation and treatment summaries according to the agency's guidelines
- Promoted public awareness of family violence issues through community education, and prevention presentations to generate referrals and support

- Testified in civil and criminal court as an expert witness on Domestic Violence
- Provided EMDR individual and group consultation for clinicians
- Lead a research with Baylor University on the effectiveness of TF-CBT and EMDR therapy groups in decreasing symptoms of PTSD in Latina victims of Domestic Violence
- Provided ongoing clinical supervision for clinicians toward their clinical licensure

Contract Bilingual Therapist and Clinical Support Specialist

February 2016 to August 2016 - Dallas Area Rape Crisis Center

- Provided bilingual (Spanish-English) therapy and crisis intervention for victims sexual assault using evidence based therapeutic interventions
- Provided EMDR consultation to clinical staff
- Assisted in developing a program evaluation that included outputs and outcomes measures for the clinical program

Victim's Center Therapist

May 2008 to March 2013 - Advocacy Center Crime Victims and Children Waco, TX

- Provided face-to face bilingual (Spanish-English) therapy and crisis intervention for children, adolescents, and adult victims of violent crimes using Trauma Focus Cognitive Behavioral Therapy (TF-CBT), Eye Movement Desensitization and Reprocessing (EMDR) and other evidence based therapeutic interventions
- Facilitated psycho-educational and therapeutic groups to victims of crimes
- Delivered telephone crisis intervention and advocacy services to clients
- Completed client's documentation and treatment summaries according to the agency's guidelines
- Testified in court for client's cases as expert witness
- Promoted public awareness of victim's issues through community education, volunteer training, and prevention presentations to generate referrals and support
- Supervised Bachelor and Master level social work interns
- Conducted a research on the components and viability of a Spanish language crisis hotline for the agency

OTHER EXPERIENCE

Staff member for EMDR Basic training

2013 to Present – EMDR Basic Training by Rick Levinson LCSW

- Facilitator for EMDR practicums during basic training
- Provides EMDR consultations for basic training participants
- Provides EMDR consultations for trainees
- Conducts specialty presentation on the use of EMDR with children

Member of the EMDRIA Conference Committee

2014 to 2017 - EMDR International Association

- Assisted in planning the annual EMDR International Conference

Co-Founder and BIA accredited Representative

August 2006- September 2010 - Ruth Project: Waco Immigrant Services Center- Waco, TX

- Assisted in creating a mission, vision, policies, procedures, program evaluation and board of advisers
- Assisted in applying and getting recognition and accreditation before the Board of Immigration Appeals (BIA)
- Fundraised over \$30,000 through grant writing
- Conducted initial assessments on immigration cases to determine eligibility for immigration benefits for victims of crimes and family visas
- Prepared client applications and petitions for immigrant victims of crime
- Provided outreach, public education, and advocacy on behalf of immigrant victims of crime and regarding the immigration benefits for which they may qualify

LANGUAGES

Fluent in English and Spanish (Native language)

PROFESIONAL PRESENTATIONS/ PUBLICATIONS

- A Pilot Study with Spanish-Speaking Latina Survivors of Domestic Violence Comparing EMDR & TF-CBT Group Interventions - Open Journal of Social Sciences, 2018, 6, 203-222
- Cultural and Treatment Considerations when using EMDR with Latino Clients, EMDRIA Conference 2018
- EMDR Protocol for Recent Critical Incidents (PRECI) and EMDR Integrative Group Protocol (IGTP). EMDR approved advanced training. EMDRIA Central Texas Regional Meeting, April , 2016, EMDRIA San Antonio Regional Meeting, 2016, Houston 2016, Dallas, 2017
- *Cultural and Language Considerations when Working with Latino Victims of Domestic Violence- Latinos Against Domestic Violence--* October 2015
- *Ethical Issues in Trauma Treatment and Recovery – Dyer Ethics Workshop - Baylor School of Social Work –* October 2014

- EMDR what and when? -Baylor University in service training for Social Workers Waco, TX 2012
- EMDR in the Treatment of Children who have Experienced Trauma- Child Abuse the Big Picture Conference- Waco, TX 2012
- *Groups as an Intervention Tool for Latinas Survivors of Violent Crimes* - Baylor University School of Social Work Field Education Training Waco, TX 2011
- *To be and not to be: Basics of Starting a Non-profit- Latina Institute-* Baptist University of the Americas, 2011
- *Parenting training on Trauma and its Effects* - Avance Waco, TX 2009
- *Issues related to Human trafficking, Immigrant Victims of Crime and Immigrant Juveniles,* In service for Waco Non-profit Agencies- Waco, TX 2008
- *Domestic Violence 101 in different settings including churches, schools, and community programs-* 2013 to Present

ADDITIONAL TRAININGS

- Integrated Behavioral Health Certification, Baylor University, 2018
- Trust-Based Relational Intervention (TBRI) training, September 2017
- EMDRIA Annual Conference- attended years 2011, 2013, 2014, 2015, 2016, 2018
- EMDR Protocol for Recent Critical Incidents (PRECI) and EMDR Integrative Group Protocol (IGTP). EMDR approved advanced training. Dr. Ignacio Jarero. November, 2015 Phoenix, AZ
- Training for Licensed Clinical Social Work Board Approved Supervisor. April 2015
- Attachment-Focused EMDR: Healing developmental deficits and adults abused as children. EMDR approved advanced training. Laurel Parnell, PhD. Dallas, 2014
- Neuropsychological Consequences of Substance Abuse, Waco, TX 2012
- Evidence Based-Treatment for Emotion Regulation Disorders, Waco TX 2012
- EMDR and the Art of Psychotherapy with Children, EMDR approved advanced training. Dr Robbie Adler-Tapia, 2012
- TF-CBT-Trauma Focus Cognitive Behavioral Therapy trained through the collaborative training program of the Children's Advocacy Centers in Central Texas- 2011

- Helping children and Teens Cope with Grief, Grief Works, Denton TX, 2010
- Evidence based practices for Child Maltreatment, Austin, TX 2010
- EMDR and Somatic Resourcing, Austin, TX 2009
- Eye Movement Desensitization and Reprocessing (EMDR), Basic Training, Levels I &II. Facilitated by Rick Levinson, LCSW. Austin, TX, February 2008 – July 2008