

SADIE R. SMITH

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www.breakouthealing.org

Education:

Master of Arts: Counseling Psychology; Marriage and Family Therapy

Regis University, Las Vegas, NV; 2009

Thesis: *Prenatal Attachment*

Bachelor of Music Education

VanderCook College of Music, Chicago, IL; 2002

Licensing / Certifications:

Trauma Recovery Humanitarian Assistance Program (HAP)

EMDR Basic Training Volunteer Trainer, 2021

EMDR Basic Training Volunteer Facilitator, 2018

EMDRIA Approved Consultant, 2015

EMDR Certified Therapist, 2012

Licensed Marriage and Family Therapist, CO – LMFT 1048

Post Graduate Training:

- Trauma Recovery HAP Basic Training Trainer; 2021
- Cultural Responsiveness and Addressing Cultural Trauma and Adversity in EMDR Therapy,
 - EMDR Advanced Training and Distance Learning; May, 2021
- EMDR 2.0: An Enhanced Version of EMDR Therapy / Simplifying Complex PTSD: New Treatment Approaches
 - EMDR Advanced Training and Distance Learning; Suzie Matthijssen & Ad De Jongh; May, 2020
- Acute Stress Syndrome Stabilization Remote (ASSYST-R)
 - Scaling Up: Dr. Ignacio Jarero; Feb. 2020
- Trauma Recovery HAP Basic Training Facilitator 2018
- EMDR Case Conceptualization, Treatment Planning and Target Sequencing
 - EMDRI International Association; Andrew Leeds; August, 2018
- Global Summit Conference – EMDR Early Intervention and Crisis Response
 - EMDR International Association; Natick, MA; April, 2018
- EMDR Protocols for Recent Critical Incidents and EMDR Group Protocol
 - EMDR Institute; Dr. Ignacio Jarero, January, 2018
- Treating Dissociative Disorders with EMDR Therapy
 - EMDR Institute; Dolores Mosquera, PsyD; Sept. 2017
- EMDR Approved Consultant (Consultation provided by Tamra Hughes)
 - EMDRIA – Nov. 2015
- EMDR Certification (Consultation provided by Roger Ludwig and Kathleen Martin)
 - EMDRIA - 2012
- EMDR Part II with trainers: Michael Keller Jan Schaad, and Katie O'Shea
 - Jackson Hole, WY; November 2010.
- EMDR Part I with trainers - Jim Knipe, Jan Schaad, and Janet Wright;
 - Jackson Hole, WY; May 2010.

Professional Experience:

EMDR Trainer & Clinician

Breakout

June '20 – present

EMDR Clinician & EMDRIA Approved Consultant

Akeso Counseling, LLC
Denver, CO
Bozeman, MT

July '17 - present
May '14 – Jan. '16

EMDR Trainer & Consultant

Scaling Up, LLC;

Nov. '18 - present

EMDR Basic Training Facilitator & Trainer

Trauma Recovery Humanitarian Assistance Program (HAP)

Jan. '18 – present

Mental Health Consultant

Endai Ministries, Chinhoyi Zimbabwe

Jan. '14 – April '14
(in country)
April '14 – Jan. '16 (distal)

Clinician III / General Therapist

Colorado West Regional Mental Health, Inc. (*now Minds Springs Health*)
Frisco, CO

Nov. '12 – Oct. '13

Early Childhood Family Therapist

Yellowstone Behavioral Health Center
Cody, WY

Sept. '09 – Oct. '12

Published Research

- Kelly S-D, Sarah F W, Sadie S. Field Study on the EMDR Integrative Group Treatment Protocol for Ongoing Traumatic Stress with Female Survivors of Exploitation, Trafficking and Early Marriage in Dhaka, Bangladesh. *Psychol Behav Sci Int J* .2020; 15(3): 555911. DOI: 10.19080/PBSIJ.2020.15.555911