

Sandra Baita

Sandra Baita is a clinical psychologist and child therapist, EMDR clinician and certified consultant graduated at the University of Buenos Aires, Argentina. From the beginning of her career she was interested in the field of child abuse and so she spent 15 years working in three different public agencies, navigating the complex waters of the assessment of child sexual abuse, the treatment of pregnant teenagers coming from abusive environments and the crisis intervention with children living in a shelter for women victims of domestic violence. Her main area of expertise came from her early work with childhood dissociation that led her to get in contact with the main leaders in the field. She is a Fellow member of the International Society for the Study of Trauma and Dissociation (ISSTD), a member of the Child & Adolescent Committee of the same organization, and Faculty Trainer of two courses on Childhood Dissociation (one in English and one in Spanish).

For her work in spreading the knowledge about complex trauma and dissociation amongst Spanish speaking professionals around the world, ISSTD awarded her twice, first in 2012 and later in 2019.

Living and working in an environment with few resources in trauma and dissociation, led her to develop a language understandable for professionals from different fields that allowed her to give training to Judges and Prosecutors first in her own country and later in Uruguay since 2008 through 2019, through a UNICEF funded project.

She was guest professor at the University of Buenos Aires, University of La Pampa, University of Mar del Plata, Catholic University of Salta (all of them in Argentina), Facultad Latinoamericana de Ciencias Sociales (FLACSO) Uruguay, Catholic University of Uruguay and University of La Sabana, Colombia.

She has been invited to give conferences, pre-conferences and workshops about child abuse, developmental trauma and childhood dissociation by different organizations around the world (Bolivia, México, Paraguay, Chile, Colombia, Costa Rica, United States, The Netherlands, Italy) and has been invited to give conferences, pre conferences, workshops and plenaries about EMDR with dissociative children by the EMDR National Organizations of México, Perú, Ecuador, The Netherlands and Spain. The EMDR National Organization from Perú gave her the status of Honorary Member for her supportive collaboration as regular consultant for the Programa de Solidaridad y Voluntariado of the same organization.

She is the author of the first book written in Spanish language on childhood trauma and dissociation ("Rompecabezas: Una guía introductoria al trauma y la disociación en la infancia") that was translated into Italian, author of an illustrated book to explain and assess dissociation in children ("Eso NO me pasa a mí. Un viaje por un laberinto muy especial) that has been successfully used also by clinicians who treat adult survivors of developmental trauma, and co-author of a book on child sexual abuse for the Justice System of Uruguay ("Abuso Sexual Infantil. Cuestiones relevantes para su tratamiento en la Justicia"). She has also authored papers and book chapters published in Italy, United States and UK.

She is the owner and moderator of the listserv "Trauma infantil" gathering over 700 members, all of them Spanish speaking professionals from different fields, working with complex trauma and childhood dissociation.

She lives in the city of Buenos Aires with her husband and two daughters, where she has her own private

practice.