

KELLY SMYTH-DENT, LCSW

Reno, Nevada | www.scalingupemdr.com

EDUCATION

Master of Social Work, University of Denver, Denver, CO Concentration: Mental Health Certificate: Marriage and Family Therapy, Denver Family Institute Certificate: Social Work for Latinos/Latinas (Intermediate Level Spanish Speaker)	June 2016
Master of Public Affairs, University of North Carolina, Greensboro, NC Focus: Nonprofit Management	June 2012
Bachelor of Arts, Elon University, Elon, NC Major: Human Services	June 2006

TRAININGS AND CERTIFICATIONS

Eye Movement Desensitization and Reprocessing (EMDR) Trainer <i>EMDR International Association (EMDRIA)</i>	April 2023
EMDR-IGTP, EMDR-PRECI & ASSYST Trainer <i>Dr. Ignacio Jarero</i>	September 2020
The World of Firefighting and Emergency Medical Services Behavioral Health <i>Firefighter Behavioral Health Alliance</i>	February 2017
Applied Suicide Intervention Skills Certification <i>LivingWorks training workshop</i>	December 2016
Trauma-Informed Care Trainer Certification <i>Colorado Professional Development Center</i>	December 2016
Eye Movement Desensitization and Reprocessing (EMDR) Basic Training <i>EMDR in Fort Collins with Janet Wright, LCSW</i>	Oct 2016
Trauma-Informed Care Practitioner Certification <i>Colorado Professional Development Center</i>	Oct 2016
Emotionally Focused Therapy (EFT) Externship <i>Colorado Center for Emotionally Focused Therapy</i>	May 2016
Nonprofit Management Professional Certification <i>Duke University</i>	Nov. 2009

PUBLISHED RESEARCH

Smyth-Dent, K., Fitzgerald, J., & Hagos, Y. (2019) A Field Study on the EMDR Integrative Group Treatment Protocol for Ongoing Traumatic Stress Provided to Adolescent Eritrean Refugees Living in Ethiopia, *Psychology and Behavioral Science International Journal*, 12(4), pp. 001-012.

Smyth-Dent, K., Walsh, S.F., & Smith, S. (2020) Field Study on the EMDR Integrative Group Treatment Protocol for Ongoing Traumatic Stress with Female Survivors of Exploitation, Trafficking and Early Marriage in Dhaka, Bangladesh, *Psychology and Behavioral Science International Journal*, 15(3), pp. 001-008.

PRESENTATIONS, SEMINARS AND WORKSHOPS

Keynote Speaker – Not Your Typical Psychotherapist Conference in London September 2023
Title: Entrepreneurship and EMDR Therapy

Conference Speaker – Not Your Typical Psychotherapist Conference in Tuscany, Italy April 2023
Title: Countertransference and Group EMDR Therapy

Conference Speaker – Not Your Typical Psychotherapist Conference in Kona, Hawaii July 2022
Title: Treating Acute Stress and Regulating the Nervous System

Guest Lecture: Group EMDR With Refugees Feb 21, 2017
Dr. Rohini Gupta's Trauma Interventions class Feb 6, 2018
University of Denver Graduate School of Professional Psychology

Guest Lecture: Sand Tray Play Therapy Feb 28, 2017
Professor Stephen von Merz's Strategies & Techniques of Family Systems Theory class Oct 17, 2016
University of Denver Graduate School of Social Work

Guest Lecture: Understanding Trauma Oct 31, 2016
Professor Stephen von Merz's Clinical Social Work Theories and Practice class
University of Denver Graduate School of Social Work

RESEARCH EXPERIENCE

Published Research September 2019
Field Study on the EMDR Integrative Group Treatment Protocol for Ongoing Traumatic Stress with Female Survivors of Exploitation, Trafficking and Early Marriage in Dhaka, Bangladesh

Published Research July 2019
A Field Study on the EMDR Integrative Group Treatment Protocol for Ongoing Traumatic Stress Provided to Adolescent Eritrean Refugees

Field Work in Puebla, Mexico utilizing EMDR-PRECI with First Responders March 1-4th, 2018
Dr. Jarero and his research team

Field Work in Puebla, Mexico utilizing EMDR-IGTP with Cancer Patients August 1-4th, 2017
Dr. Jarero and his research team

CLINICAL EXPERIENCE

Founder and CEO

August 2018 – Present

Scaling Up, LLC

- Built and grew a business aimed at providing accessible, affordable and effective trauma interventions to mental health therapists in both group and individual settings.
- Provide EMDR (Eye Movement Desensitization and Reprocessing) Therapy training and services to clients experiencing the effects of trauma in both English and Spanish.
- Implement an accessibility plan for both clients in rapid response settings and also clinicians wanting high-quality trainings and interventions to serve more clients.
- Develop a supportive and inclusive community of mental health clinicians wanting connection with fellow, like-minded therapists.

Private Practice Psychotherapist

June 2016 – Present

Kelly Smyth-Dent Counseling, PLLC

- Enhance the well-being of the relationships and lives of individuals, couples and families through psychotherapy, utilizing Narrative Theory, Feminist Theory and a Client-Centered Approach.
- Provide EMDR (Eye Movement Desensitization and Reprocessing) therapy to clients experiencing the effects of trauma in both English and Spanish.
- Conduct Emotionally Focused Therapy (EFT) to couples and families that want to enhance the intimacy and connection in their relationships.
- Offer family and play therapy to children and adolescents, along with their parents and siblings.
- Provide consultation and training to fellow therapists and humanitarian workers.

Couples and Family Therapy Clinician

August 2015 – August 2017

MSW Joint-Student, Denver Family Institute, Denver, CO

- Provide Emotionally-focused Therapy (EFT) for six couples and families per week
- Write progress notes and develop treatment plans and interventions appropriate for the families
- Receive bi-monthly individual and group supervision with live and video observation for direct feedback
- Present and participate in case conferences and case presentations with supervisor and peers monthly

Bilingual Individual, Family and Child Play Therapy Clinician

August 2015 – June 2016

MSW Intern, Maria Droste Counseling Center & Gust Elementary School, Denver, CO

- Conducted client-centered play therapy for 12 children per week in an elementary school-setting
- Provided clinical individual and family therapy sessions in an agency-setting for five clients per week
- Completed intakes, evaluations, assessments and individualized service plans in Spanish and English
- Developed and submit treatment plans, progress notes, diagnoses and insurance information
- Received weekly individual supervision, and monthly case conference and group supervision

Mental Health Clinician

June 2014 – May 2015

MSW Intern, Servicios de la Raza, Denver, CO

- Provided weekly clinical therapy sessions for 13 Mexican-American individual clients in English
- Conducted individual intakes, evaluations, treatment plans and submitted Medicaid reimbursements
- Developed and monitored treatment plans and progress, and maintained clinical charts and reports
- Received bi-monthly individual supervision and monthly group supervision

Refugee Resettlement Program Supervisor

July 2013 – April 2014

Church World Service (Reception and Placement program), Greensboro, NC

- Coordinated all case management services for over 200 clients, including mental and physical health care needs, housing referrals, and food stamp/Medicaid applications with weekly supervision
- Established rapport with a diverse client caseload and conducted bio-psycho-social assessments
- Empowered each client to accomplish their goals according to their strengths and desires
- Supervised four staff members, seven AmeriCorps members and ten language interpreters

PROGRAM DEVELOPMENT EXPERIENCE

Short-term Deployment Caribbean/Haitian Unit Participant Feb. 2013 – Jan. 2014
United Nations High Commission for Refugees and Church World Service partnership

- Selected as one of 20 refugee professionals in the nation to be on-call for short-term deployments to the Caribbean (mostly Haiti and Cuba) to conduct overseas processing of refugees
- Prepared Refugee Status Determinations & Resettlement Registrations for refugees applying to resettle

Citizenship Education Coordinator June 2011 – July 2013
Church World Service (USCIS program), Greensboro, NC

- Piloted and implemented the Citizenship Education Program managing 10 classes per semester for a total of over 200 immigrant and refugee students
- Co-wrote and obtained a two-year, \$116,000 federal grant from USCIS to conduct citizenship classes
- Supervised seven AmeriCorps members, 30 volunteers and 65 students

Sponsorship Developer May 2009 – June 2011
Church World Service (Reception and Placement program), Greensboro, NC

- Conducted case management services for refugee clients, including bio-psycho-social assessments
- Developed an outreach program and mobilized a new refugee resettlement office
- Recruited, trained and assessed over 500 volunteers to assist newly arriving refugees to the U.S.
- Implemented fundraising events, grant proposals and education workshops

VOLUNTEER EXPERIENCE

Volunteer Social Worker July – August 2015
Pop Wuj, Xela, Guatemala and Costa Rican Language Academy, San Jose, Costa Rica

- Interviewed families to receive safe stoves, trees/plants and scholarship for higher education
- Served families of single mothers in rural, indigenous communities by tutoring children after-school

Association for Refugee Service Professionals Participant February 2012
Traveled to Jordan, Jerusalem and the West Bank for an educational trip

- Met with peace activists, visited refugee camps, the Israeli barrier walls, and the expanding Israeli settlements in occupied Palestinians territories
- Participated in the processing and health screenings and cultural orientation classes of Iraqi refugees through the International Organization of Migration (IOM)

United Civic Alliance Network Program Participant March – July 2011
U.S. Department of State and the U.S. Embassy in Ankara, Turkey collaboration

- Selected as one of 30 nonprofit leaders in North Carolina to create joint community-based projects to deepen ties between people in Turkey, Armenia and the United States
- Built non-governmental organization (NGO) capacity and civil society by positively impacting citizenry to facilitate growth of nonprofit programs in Turkey and Armenia