

NICOLLE MAINTHOW

1965 PORT TRINITY PL NEWPORT BEACH, CA 92660; 949 258 2447;
NICOLLEMAINTHOVLMT@GMAIL.COM

Education

Master of Arts-International Counseling Psychology, 2015-2017

Alliant International University, Mexico City Campus

Bachelor of Arts- History, 2007-2011

University of California, Santa Cruz

Licensing/Certifications

- EMDRIA Approved Consultant, 2023
- EMDR Mexico Approved Consultant, 2021
- EMDRIA Certified EMDR Therapist, 2021
- EMDR Mexico Certified EMDR Therapist, 2021
- Licensed Marriage and Family Therapist (California- LMFT 121367), 2020
- Latin American Family Therapy, 2017

Professional Experience

- EMDR Protocols for Early Intervention and Ongoing Traumatic Stress Trainer, Scaling Up, 2023-Present
- ASSYST HEART (Acute Stress Syndrome Stabilization Humanitarian Emergency ASSYST Response Training) Trainer of Trainers, EMDR Mexico, 2023- Present
- ASSYST HEART Project Leader, EMDR Mexico, 2023- Present
- Clinical Director, Department of Research, EMDR Mexico, 2022- Present
- EMDR Clinician, Self, 2020-Present
- AMFT, The House of the Rising Sun, February 2020-July 2020
- MST-CAN (Multi-Systemic Therapy for Child Abuse and Neglect Therapist, Marathon Health, 2018-2020

Post-Graduate Training

- How to Set Up Your Own (C)PTSD Program, Enhancing Trauma Treatment, 2023
- Neurobiology of Attachment, NICABM, 2022
- EMDR Intensives, Scaling Up, 2022
- Recent Neural Findings and Why They Matter: Featuring the Hidden Potential of Body Scan Practitioners, EMDR Advanced Training and Distance Learning, 2022
- Terapia de Estados de Ego, de Sistemas de Familia Interna, y Disociación Estructural de la Personalidad, EMDR Mexico, 2021
- Case Conceptualization and Target Selection for EMDR Treatments, Enhancing Trauma Treatment, 2021
- EMDR and Addictive Disorders Advanced Training, LK Institute, 2020

- EMDR Protocols for Early Intervention and Ongoing Traumatic Stress, Scaling Up, 2020
- EMDR Basic Training, EMDR Institute, 2020

Publications

- Robinson, R & Kaptan, S. (eds). *Group EMDR Therapy: Emerging Principals and Protocols to Treat Trauma and Beyond*, The Acute Stress Syndrome Stabilization Procedures, Springer Publishing, 2023.
- Carretero KP, Delgadillo A, Villarreal AM, Roque JP, Poiré A, Mainthow N, GivaudanM, & Jarero I. (2023). Randomized Controlled Trial on the ASSYST Treatment Intervention
- Mainthow, N., Zapien, R., Givaudan, M., & Jarero, I. (2023). Multicenter Randomized Controlled Trial on the ASSYST Individual Treatment Intervention Provided to Adult Females with Adverse Childhood Experiences. *Psychology and Behavioral Science International Journal*, 20(3):556040. <https://tinyurl.com/2xurr2o4>
- Mainthow, N., Pérez, M.C., Osorio, A., Givaudan, M., & Jarero, I. (2022). Multisite Clinical Trial on the ASSYST Individual Treatment Intervention Provided to General Population with Non-Recent Pathogenic Memories. *Psychology and Behavioral Science International Journal*. 19(5). <https://tinyurl.com/2mleuwvg5>.