

TIM EBY-MCKENZIE, LMFT

TRAUMA RECOVERY SPECIALIST

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With over 30 years of community development and clinical experience, I aim to promote healing, resilience, and the capacity to thrive in the face of adversity. As a clinician, consultant, and trainer, I am acutely concerned with helping individuals, families, and communities gain access to effective care where the need is greatest, but where resources are scarce.

CERTIFIED EMDR CLINICIAN

I am trained and certified through the EMDR International Association (EMDRIA) as an EMDR Clinician and have provided hundreds of hours of EMDR (Eye Movement Desensitization and Reprocessing) therapy to help people resolve the traumatic experiences that have caused them to feel distressed and often incapacitated.

APPROVED EMDR CONSULTANT/FACILITATOR

I provide consultation for new EMDR trainees as a part of their initial training process. I also consult with EMDR-trained clinicians seeking to further their experience and expertise with EMDR by going through the Certification process. In addition, I provide clinical consultation on trauma, including case conceptualization, creative strategies, and integration of basic or advanced EMDR protocols and procedures into client care. I also facilitate practicum portions of EMDR trainings, to help trainees learn the core skills and understanding of how to practice EMDR with fidelity and efficacy.

EMDR BASIC & ADVANCED TRAINER

I am an EMDRIA-approved Trainer for Basic EMDR training, as well as a Trainer of advanced procedures and EMDR protocols (*ASSYST*, *EMDR PRECI* and *EMDR IGTP-OTS*) developed by Dr. Ignacio Jarero and Lucina Artigas specifically to address highly dysregulating symptoms and recent/prolonged/ongoing traumatic stress.

EXPERIENCE

CURRENT POSITION

OWNER/CLINICIAN, EBYPAC THERAPY, INC. (TIM EBY-MCKENZIE, LMFT)

California-Licensed Marriage and Family Therapist (Lic. 33594). Specializing in trauma-related disorders, including Acute Stress, PTSD, dissociative disorders, anxiety, panic/phobias and depression. EMDR, Exposure Therapy, Trauma-Focused CBT.

PRIOR POSITIONS

ASSISTANT VICE PRESIDENT – CLINICAL PROGRAMS, SYCAMORES
MENTAL HEALTH DIRECTOR (HEAD OF SERVICE), OPTIMIST
DIRECTOR, OUTPATIENT MENTAL HEALTH, HATHAWAY-SYCAMORES
OUTPATIENT CLINICAL SUPERVISOR, HATHAWAY-SYCAMORES

ADDITIONAL EXPERIENCE

REGIONAL DIRECTOR – LOS ANGELES COUNT FOSTER/ADOPTION SERVICES, OLIVE CREST
FOSTER FAMILY AGENCY DIRECTOR, HATHAWAY CFS
DIRECTOR – E.H.R.S PRODUCT MANAGEMENT, ALTRUIT, INC.
DIRECTOR OF INFORMATION TECHNOLOGY, MOSS BEACH HOMES
CHAPLAIN / TEACHER, WOODSTOCK SCHOOL, UTTARAKHAND, INDIA

EDUCATION

MASTER OF ARTS – MARITAL & FAMILY THERAPY, FULLER SEMINARY GRADUATE
SCHOOL OF PSYCHOLOGY, PASADENA, CA. (1992)

ARTIMIS BACCALAUREATE, OCCIDENTAL COLLEGE, LOS ANGELES, CA. (1986)

ADDITIONAL TRAINING

- Pre-verbal Trauma Resolution
- Structural Dissociation & EMDR
- EMDR 2.0 & CPTSD Program Design
- Prolonged Exposure Therapy
- Trauma-Focused CBT (Certified Supervisor)
- DeprEnd – EMDR for Depression
- Flash Technique
- Distancing Technique for OCD/Panic/Phobias
- EMDR with Children/Adolescents
- International Fieldwork: India, Bangladesh, Africa

ABOUT ME

I am passionate about providing help in areas of the world experiencing high need for trauma-informed treatment and low resources. I have lived and worked in poor/low-resourced communities throughout my adult life working in the Child Welfare arena and Community Mental Health programs. I sit on the board of Breakout, a 501(c)(3) organization dedicated to providing access to trauma-focused care in high-need/low-resource communities throughout the world. My international fieldwork includes working with school children in India, as well as Rohingya (Rakhine state, Myanmar) refugees in Bangladesh's Cox's Bazaar (and the staff of organizations assisting people in the Rohingya refugee camps.)

When not doing trauma work, I can be found watching wildlife near my home, woodworking, enjoying my family, or exercising by playing Ultimate Frisbee (some call me a fanatic!)