

Eleni Sexton

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jackalopeholistichealing.com

1005 Forest St.
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LICENSURE AND CERTIFICATIONS

State of Nevada – LCSW #7417-C

State of Nevada Board of Social Work Examiners Approved Supervisor – 2022

EMDRIA Approved Consultant – 2023

EDUCATION

Columbia University School of Social Work - New York, NY

Masters of Science in Social Work May 2014

Concentration: Advanced Generalist Practice & Programming

Specialization: Health, Mental Health & Disabilities

Awards: Linda and Peter Hoffman Award for Excellence in Writing, Dean's List 2012-2014

University of Nevada, Reno - Reno, NV

Bachelors of Arts in Psychology May 2010

Awards: State of Nevada Millennium Scholarship, Dean's List 2008-2010

University Studies Abroad Consortium

University of Brighton Brighton, England: Aug 2006 - June 2007

Universidad Nacional Heredia, Costa Rica: Jan 2010 - May 2010

LANGUAGES Proficient in Spanish

SOCIAL WORK AND MENTAL HEALTH EXPERIENCE

Jackalope Holistic Healing

Reno, NV

Mental Health Therapist in Private Practice

January 2023-present

- Provide psychotherapy to individuals and couples through trauma-informed care, with a focus on attachment repair.
- Supervise clinical interns in the practice of psychotherapy, emphasizing ethical case conceptualization and treatment management.
- Conduct consultation for trauma-informed care to EMDR clinicians towards EMDRIA certification hours.

Northern Nevada HOPES

Reno, NV

Mental Health Therapist/Former Director of Behavioral Health

November 2014 – December 2022

- Built sustainable policies and procedures to create the Behavioral Health Department which included: out-patient therapy services, MAT Program, and Behavioral Health Integration Program.
- Oversaw thirteen therapists to ensure the implementation of department policies and procedures.
- Worked in a supervisory role with an interdisciplinary team to create a sustainable infrastructure for comprehensive patient care with the goal of increasing positive health outcomes.
- Developed and implemented policies and procedures for behavioral health integration into primary care.
- Organized and managed a mental health and substance abuse crisis plan agency-wide.
- Created guidelines and templates for behavioral health documentation in an electronic health record.
- Conducted weekly therapy sessions with individuals, groups and couples in English and Spanish.
- Created an organizational system to provide trauma-informed care to members of diverse populations.
- Advocated for clients' rights and work with a multi-disciplinary team to provide holistic health care.
- Provided supervision and training to clinical staff, and MSW interns.

State of Nevada, Aging and Disabilities Services Division

Elder Protective Services Social Worker II

Reno, NV
August 2014 – November 2014

- Investigated reports of elder abuse, neglect, exploitation and self-neglect.
- Connected elders to services to enhance their ability to live independently in the community.
- Organized care planning for elders with medical providers, law enforcement, and community resources.

Mount Sinai Medical Center Department of Health Education

Social Work Intern

New York, NY
Sept 2013 – May 2014

- Co-facilitated a teen pregnancy prevention/youth development program for teen girls.
- Developed group session programming about teen sexual health, responsible decision-making, enhancing self-esteem, community engagement, education planning, and future career goals.
- Conducted a program evaluation for the Geriatric Health Education Program utilizing a CQI model.
- Researched for the development of a project in conjunction with Hunter College School of Public Health to develop parent intervention programming for teen mothers in East and Central Harlem.

Turnaround for Children, Inc.

Social Work Intern

Bronx, NY
Sept 2012 – May 2013

- Provided clinical support and case management assistance for students and family members.
- Worked with community partnerships to attain mental health services for students and their family.
- Participated in inter-disciplinary academic and behavioral care initiative formulation.
- Maintained an individual caseload of five students at risk behaviorally and academically.
- Implemented therapeutic groups for 13 students at risk behaviorally and academically.
- Created a tracking student attendance tracking record to facilitate communication between staff members.

YOUTH, FAMILY, & EDUCATION EXPERIENCE

21st Century CLCC Grant, TEAM UP

Traner Middle School Site Coordinator

Reno, NV
Aug 2011 – May 2012

- Built an infrastructure to provide after school programming for 90 students in grades 6 to 8.
- Organized programming for academic enrichment to support the Title I student population.
- Implemented community programs and support for student enrichment.
- Managed the administrative process for 20 staff members, and the disbursement of federal grant funds.
- Re-wrote grant to ensure funding for the subsequent academic year.

Traner Middle School Social Intervention Program

Teacher Assistant II

Reno, NV
Aug 2010 – June 2011

- Provided behavioral support and case management assistance for students and family members.
- Co-created the behavior support system for students with disruptive behavior disorders.
- Facilitated the transition of students with disruptive behavior disorders back into general education.
- Maintained positive behavior interventions for teachers in the general education setting.

Washoe County School District Day Treatment Program

Teacher Aide III

Reno, NV
Aug 2007 – Dec 2009

- Maintained behavior modification protocol for students with disruptive behavior disorders.
- Facilitated the transition of students from the self-inclusive environment back into general education.
- Provided behavioral support in classroom management for the teaching staff.

CONTINUING EDUCATION: Certified in Eye Movement Desensitization and Reprocessing, Advanced Externship and Core Skills in Emotion-Focused Therapy for couples, Prolonged-Exposure Therapy, Internal Family Systems, Solution-Focused Brief Therapy, Motivational Interviewing, and Trauma-Focused Cognitive Behavioral Therapy.

PROFESSIONAL TRAININGS

Understanding the Roots of Complex Trauma and Dissociation

Center for the Application of Substance Abuse Technologies (CASAT)

August 5th, 2022

Complex Trauma and Dissociation

CASAT and the the Nevada Department of Corrections (NDOC)

August 10th, 2022