

SADIE R. SMITH

720-515-9765 :- akesocounseling@gmail.com

www.akesocounseling.com

Education:

Master of Arts: Counseling Psychology; Marriage and Family Therapy
Regis University, Las Vegas, NV; 2009

Bachelor of Music Education
VanderCook College of Music, Chicago, IL; 2002

Licensing / Certifications:

- 2024 Scaling Up Basic EMDR Trainer
- 2022 Scaling Up Adv. EMDR Trainer
 - Providing EMDR Intensives
 - EMDR Protocols for Early Intervention & Ongoing Traumatic Stress
 - ASSYST Procedures
- 2021 Trauma Recovery HAP Volunteer Basic EMDR Trainer
- 2018 Trauma Recovery HAP Volunteer EMDR Facilitator
- 2015 EMDRIA Approved Consultant
- 2012 EMDR Certified Therapist
- 2009 Licensed Marriage and Family Therapist, CO – LMFT 1048

Professional Experience:

EMDR Trainer and Facilitator

Scaling Up Basic EMDR Trainer
Scaling Up Advanced EMDR Trainer
Trauma Recovery HAP Trainer
Trauma Recovery HAP Facilitator

April '24 - present
May '22 - present
April '21 – present
Jan. '18 – present

Therapist, & EMDR Approved Consultant

Akeso Counseling, LLC;
Denver, CO
Bozeman, MT

July '17 - present
May '14 – Jan. '16

Mental Health Consultant

Endai Ministries, Chinhoyi Zimbabwe

Jan. '14 – April '14
(in country)
April '14 – Jan. '16
(distal)

Clinician III / General Therapist

Colorado West Regional Mental Health, Inc. (*now Minds Springs Health*)
Frisco, CO

Nov. '12 – Oct. '13

Early Childhood Family Therapist

Yellowstone Behavioral Health Center
Cody, WY

Sept. '09 – Oct. '12

Post Graduate Training:

- Hostile Environment Awareness Training
 - RedR Australia, March, 2024
- How to Set Up Your Own (C)PTSD Treatment & Enhance the Treatment
 - Suzy Matthijssen, PhD, EMDR & Advanced Trainings, December 2023
- The Eye Node Technique
 - Jay Fellers & Jenny Bridges, Denver Regional EMDR, November 2023
- Brainspotting Phase 2
 - Melanie Young, PsyD & Pie Frey, PsyD, November 2022
- The Justice Based Approach: Foundation Course
 - Matthew Kletzing & Daniel Bevan, United Edge, July 2022
- Three Days of Learning with Ad de Jongh and Suzy Matthijssen
 - EMDR & Advanced Trainings, July 2022
- Who Is At The Wheel: Radical Social Justice Informed Therapy for Liberated Mental Wellness
 - Jacqui Johnson, LPC, Scaling Up, June 2022
- The Space Between You and Me: Exploring Therapeutic Presence with Your ABC's and PVT
 - Barbara Sheehan-Zeidler, Scaling Up, June 2022
- EMDRIA Virtual Basic Trainer, January, 2022
- Assisting Individuals in Crisis
 - ICISF, January, 2022
- Group Crisis Intervention
 - ICISF, January, 2022
- Introduction to the National Incident Management System
 - Emergency Management Institute – FEMA, September 2021
- Introduction to Incident Command System
 - Emergency Management Institute – FEMA, September 2021
- The EMDR Sandtray Protocol with Children
 - Agate Institute: The EMDR Master Series with Ana Gomez, August, 2021
- Trauma Recovery HAP Basic Training Trainer; 2021
- Brainspotting Phase 1
 - Melanie Young, PsyD & Pie Frey, PsyD, September 2021
- Cultural Responsiveness and Addressing Cultural Trauma and Adversity in EMDR Therapy,
 - EMDR Advanced Training and Distance Learning; May, 2021
- The Distancing Technique for Treating OCD, Phobias and Anxiety in EMDR Therapy
 - EMDR Advanced Training and Distance Learning; Suzie Matthijssen & Ad De Jongh; December, 2020
- EMDR 2.0: An Enhanced Version of EMDR Therapy / Simplifying Complex PTSD: New Treatment Approaches
 - EMDR Advanced Training and Distance Learning; Suzie Matthijssen & Ad De Jongh; May, 2020
- Trauma Therapy Innovations: Intensive Trauma-Focused Therapy & the Flash Technique
 - Ricky Greenwald, Psy. D., April 2020
- Navigating the Addiction Protocol Maze: EMDR Therapy and the Treatment of Substance and Behavioral Addictions.
 - EMDR Advanced Training and Distance Learning; Mark Nickerson; February, 2020

- Acute Stress Syndrome Stabilization Remote (ASSYST-R)
 - Scaling Up: Dr. Ignacio Jarero; Feb. 2020
- Trauma Recovery HAP Basic Training Facilitator 2018
- EMDR Case Conceptualization, Treatment Planning and Target Sequencing
 - EMDRI International Association; Andrew Leeds; August, 2018
- Global Summit Conference – EMDR Early Intervention and Crisis Response
 - EMDR International Association; Natick, MA; April, 2018
- EMDR Protocols for Recent Critical Incidents and EMDR Group Protocol
 - EMDR Institute; Dr. Ignacio Jarero, January, 2018
- Treating Dissociative Disorders with EMDR Therapy
 - EMDR Institute; Dolores Mosquera, PsyD; September, 2017
- EMDR Approved Consultant (Consultation provided by Tamra Hughes)
 - EMDRIA – Nov. 2015
- EMDR Certification (Consultation provided by Roger Ludwig and Kathleen Martin)
 - EMDRIA - 2012
- EMDR Part II with trainers: Michael Keller Jan Schaad, and Katie O’Shea
 - Jackson Hole, WY; November 2010.
- EMDR Part I with trainers - Jim Knipe, Jan Schaad, and Janet Wright;
 - Jackson Hole, WY; May 2010.

Published Research

- Kelly S-D, Sarah F W, Sadie S. Field Study on the EMDR Integrative Group Treatment Protocol for Ongoing Traumatic Stress with Female Survivors of Exploitation, Trafficking and Early Marriage in Dhaka, Bangladesh. *Psychol Behav Sci Int J* .2020; 15(3): 555911. DOI: 10.19080/PBSIJ.2020.15.555911
- Smith, S., Todd, M., Givaudan, M., (2023). Clinical trial on the ASSYST for groups treatment intervention provided to Syrian refugees living in Lebanon. *International Journal of Psychology and Behavioral Science*, 20(2): 556033. DOI:10.19080/PBSIJ.2023.20.556033
- Smith, S., Sadykova, A., Givaudan, M., Clinical Control Trial on the Healing Drawing Procedure (HDP) Trauma Treatment Intervention Provided by Non-Specialist Mental Health Providers to Vulnerable Children Living in Taraz, Republic of Kazakhstan. *International Journal of Psychology and Behavioral Science*