

OUR TRAININGS



EMDR BASIC TRAINING

Become an expert in the field of trauma by learning Eye Movement Desensitization and Reprocessing (EMDR).



ACUTE STRESS SYNDROME STABILIZATION

Build provider confidence in lowering client's distress and symptoms quickly and efficiently in both individual and group settings.



EMDR ADVANCED TRAININGS

We have incredible advanced EMDR trainings teaching EMDR clinicians how to provide EMDR intensives, EMDR for early intervention & ongoing traumatic stress, EMDR group protocols and more.

WHY CHOOSE US?

*** Scaling Up participates in the Women-Owned Small Business (WOSB) Federal Contracting program.

Our custom online learning Hub platform for ondemand trainings, along with our live, private training options makes it easy for staff & teams to learn and work together.

CONTACT US



OUR STORY

Our founder noticed a gap in accessibility and affordability of mental health trainings for providers. Scaling Up was created to fix this problem by offering professional trainings to mental health clinicians with scholarships and group discounts.



OUR VISION

To be a training hub that offers innovative and highquality trainings & community support for mental health professionals to learn scalable, global impact interventions that will transform their practice and build provider confidence.



OUR MISSION

Our mission is to alleviate human suffering by building a world with accessible and affordable trainings for mental health professionals specifically designed for crisis intervention, trauma care and humanitarian responses.





