

EMDR GAP Training Agenda

Last Updated: Oct 2024

Day 1

- 8:00 - 8:30am** Registration
- 8:30 - 9:00am** General information (bathrooms, coffee break time, lunchtime), trainer presentation, Day 1 overview, and other details.
- 9:00 - 10:30am** Part 1 of 3 PPT
Topics: Pathogenic Memories, Rapid Response Intervention, ASSYST procedures, Early Identification of Those at Risk for PTSD, PTSD Diagnosis Prevention, Theoretical Conceptualization. Q&A.
- 10:30 - 10:45am** Break
- 10:45am - 12:00pm** Part 2 of 3 PPT
Topics: Early Psychological Interventions, Early and Ongoing Traumatic Stress Clinical Presentations, AIP/EMDR-informed protocols for Early Intervention, Expanding the AIP/EMDR Healing Power. Q&A.
- 12:00 - 1:30pm** Lunch
- 1:30 - 2:00pm** Demonstration of the ASSYST-Individual protocol script
- 2:00 - 3:00** ASSYST-Individual Practicum between participants in dyads (30 minutes each one). *Simulation rehearsal.*
- 3:00 - 3:15pm** Q&A about the ASSYST Practicum. Discuss the difference between Option 1 and Option 2 in the ASSYST procedure.
- 3:15 - 3:30pm** Break
- 3:30 - 4:00pm** ASSYST Group Practicum. Participants will be invited to participate in a *simulation rehearsal* to have a firsthand experience of the ASSYST-Group. Participation will be voluntary. Those participants who do not wish to participate will be observers.
- 4:00 to 5:00pm** Q&A about the ASSYST-G Practicum. Explanation of the role of the Emotional Protection Team (EPT) members and the typical ASSYST-G schedule.

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Day 2

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| 8:30 - 9:00am | Day 1 Review |
| 9:00 - 10:30am | Part 3 of 3 PPT

Topics: AIP model-based Acute Trauma and Ongoing Traumatic Stress Theoretical Conceptualization. Implementing a Stepped-Care Approach model to your practice. Q&A during the presentation. |
| 10:30 - 10:45am | Break |
| 10:45 - 11:30am | Demonstration of the EMDR-PRECI |
| 11:30am - 12:00pm | Q&A about the EMDR-PRECI Practicum |
| 12:00 - 1:30pm | Lunch |
| 1:30 - 2:30pm | Practicum: EMDR-PRECI practice between participants in dyads (30 mins each person). |
| 2:30 - 3:00pm | Q&A about the EMDR-PRECI |
| 3:00 - 3:15pm | Break |
| 3:15 - 4:00pm | EMDR-IGTP-OTS Practicum. Participants will be invited to participate in a <i>simulation rehearsal</i> to have a firsthand experience of the EMDR-IGTP-OTS. Participation will be voluntary. Those participants who do not wish to participate will be observers. |
| 4:00 - 5:00pm | Q&A about the EMDR-IGTP-OTS & Closure |