

Robyn Mourning, MS

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Overview

As a social entrepreneur, psychotherapist, organizer and liberatory care consultant, I have an array of professional and lived experiences that are relevant to the needs of my broader community as well as the clients with whom I engage. I am regularly engaged in community led trainings, self-directed education, praxis incubators and memberships to deepen my experience and knowledge, and remain devoted to my anti-oppression, abolition, and liberation journey.

Experience

Ominira Labs
Founder

2020-Present

- Principle anti-oppression and liberation-focused consultant and trainer. Provide individual, group and team professional consulting services for professionalized and community-based care providers and healing practitioners. Consulting topics include anti-oppression, anti-racism, disability justice, healing justice, trans justice, transformative justice, liberatory harm reduction, abolitionist praxis, solidarity economics, and decolonial and post-capitalist business and therapeutic practices. Facilitate praxis incubators that provide the tools to experiment with and fortify liberatory care systems. Guide & collaborate with healers seeking to interrupt colonial, carceral and white supremacist state violence by divesting from oppressive mandates, policies, and rules. Curate political educational events to root practitioners in the long lineage of freedom fighters and cultural conservationists. Teach organizing practices and strategies. Lead healing and cultural reclamation sessions/projects. Create and produce the podcast, Liberation Labs Radio. Digital resources & toolkit development including workbooks, digital zines, digital libraries, education boards, etc.

Scaling Up, LLC
Marketing & Sales Director

2020-Present

- Create and implement marketing strategies for a mental health training program. Collaborate with team members to design and facilitate in-person and virtual continuing education trainings. Manage social media accounts and groups. Maintain community and educational engagement within the membership community. Design email marketing campaigns for evergreen workshops and specialty content. Work alongside partner trainers to ensure a successful training experience. Conduct customer interviews and collaborations. Utilize marketing and project management software tools.

Revolution Trauma Recovery Services
Founder/Psychotherapist

2014-2019

- Trauma recovery psychotherapy for children, teens, adults and families in private practice setting. Conducted case planning and management. Implemented company systems, including Electronic Health Records (ERH) tool, billing systems and digital marketing platforms. Successfully executed all aspects of business development, marketing, referral partnerships, finance, public relations and other

essential business administration tasks. Collaborated with other clinical professionals, schools and community agencies to offer healing justice and transformative justice services to the broader community. Participated in consultation groups, business coaching programs and professional development courses. Completed multiple post-graduate trainings to increase clinical knowledge and practice.

Eating Recovery Center
Milieu Coordinator III

2014-2017

- Direct patient care in behavioral health hospital. Facilitate group therapy for adult patient community. Provide meal support, behavioral interruption and mental health crisis intervention. Conducted individual and family therapy sessions when primary therapists were on leave. Trained new milieu coordinators on patient care policies and procedures. Collaborated with patient treatment teams to provide outstanding care.

Safehouse Progressive Alliance for Nonviolence (SPAN) 2013-2014
Counseling Intern/Tri-City Outreach Counselor

- As an intern and, later, an employee, gained counseling experience with children, adults, families and groups experiencing acute and/or chronic domestic violence. Provided advocacy, and support to residents in the shelter. Provided emergency advocacy and counseling to individuals in county jail or at their residence following police intervention. Responsible for participating in agency social justice trainings and affinity groups. Responsible for collecting and maintaining client records in EHR system, updating client progress with larger treatment team, and collaborating with community groups and agencies.

Rally Software Development (CA Technologies) 2010-2014
Executive Assistant

- Provide administrative support the CEO, Founder/CTO, and SVP of Worldwide Sales. Organize corporate events such as executive retreats, quarterly and annual celebrations, offsite meetings and other team gatherings. Collaborate with the Office of the CTO to organize the company cadence and plan annual and quarterly corporate steering meeting schedules and agendas. Utilize models from Stanford Design Thinking when planning for and running steering meetings. Supported executive staff, investors and human resources in the company's initial public offering (IPO). Participate in corporate, cross-functional Rock teams including the Mentoring Rock team in which a mentor program was drafted. Completed Certified Scrum Master Training and Better Collaboration Through Facilitation Training.

Beatport LLC 2007-2010
Associate Human Resources Manager/Legal Assistant

- Addressed and resolved employee relations issues. Coordinated and administered employee benefits. Reviewed and analyzed all employee benefits annually to ensure their effectiveness and alignment

with company strategy and budget. Created and implemented an HR policies and Employee Handbook with the aid of a contracted HR Manager. Remained abreast of labor and employment laws and adjusted company policies to remain in compliance. Transitioned the company's employee time tracking from a paper system to an online system. Worked closely with the COO to establish a unique and effective recruiting process. Conducted full cycle recruiting (sourcing candidates, coordinating interviews, sending offer letters, new hire on-boarding and orientation). Actively involved in company restructure, which involved three rounds of layoffs and boosting/maintaining morale. Worked closely with the executive team to coordinate company events and monthly staff meetings. Worked closely with the CEO to redefine company values during the restructure. Conducted management-training sessions with contracted HR Manager. Liaise between the company and its legal team. Assist management with various business affairs & contract review and maintenance.

Other Related Experience

Farmer's Insurance/Andy Roy Agency 2006-2007
Executive Assistant/Customer Service Representative

Unity Asset Management 2004-2006
Quality Control Analyst/Data Entry

Genova, Burns, Giantomasi, Webster 2002-2004
Executive Assistant/Fundraising/Public Relations

Century 21 Marie K. Butler Real Estate 2001-2002
Administrative Assistant

Education

University of Phoenix 2014
MS in Marriage, Family, Child Therapy

Metropolitan State University of Denver 2010
BA Biology/Psychology

Skills

Excellent interpersonal skills, including communication, compassion, collaborative problem solving and professional boundary setting. Strong business acumen as an entrepreneur and from my multi-year experience working for executive leadership. Experienced in strategic innovation, transformational leadership, community engagement and transformative facilitation. Proficient computer, software and technology skills, including electronic health record (EHR) systems, project management & design

systems, and social media platforms. Ability to take on multiple projects with self-directedness, professionalism and attention to detail. Work very well with teams and individually. Maintain company reputation and position in the community with poise, confidentiality, and integrity.

Liberatory Professional Development

Participant - National Queer and Trans Therapists of Color Network's Healing Justice Learning and Practice Lab (2020-2021)

Participant – Various Anti-Oppression Resources & Training Alliance (AORTA) facilitation training programs (2021-2022)

Participant – Art of Skillful Facilitation: Presencing Race, Gender & Collective Healing (2023)

Participant – Embodied Conflict Resolution Certificate – Embody Lab (2023)

Participant – Alchemy of Facilitation (2023)

Participant – Decarcerating Care Series – IDHA (2021-2023)

Participant – Building Your Abolitionist Toolbox: Painting the Ocean and the Sky – Interrupting Criminalization (2023)

Participant – Various online trainings, webinars, workshops, practice spaces centering healing justice, survivor justice, anti-oppressive, abolitionist, post-capitalist and decolonial tools, strategies, lineages and more (2018-present)

Member – Institute of Human Development (IDHA) Core Curriculum Committee (2022-Present)