

Sarai Trujillo

Licensed Professional
Counselor / Founder of
Coalescence Health, PLLC

Sarai Trujillo

8990 Cty Rd 165
Salida, CO 81201

719.276.0588

sarait@coalescencehealth.com

coalescencehealth.com

Skills/Certifications

- Circle of Security Facilitator: 2008 - PRESENT
- Colorado Resource Center: Non-Profit Leadership and Management Training - Completed 2012
- Irving Harris Fellowship in Child Development and Infant Mental Health: Department of Psychiatry, University of Colorado School of Medicine - Completed 2019
- EMDR Certified Therapist: 2019 - PRESENT
- Alliance for the Advancement of Infant Mental Health - Infant Mental Health Mentor-Clinical: 2021 - PRESENT
- Perinatal Mental Health Certified: 2021 - PRESENT
- EMDR Consultant in Training (CIT): 2021 - PRESENT

Experience

Coalescence Health / Founder, Owner

July 2020 - PRESENT, SALIDA, CO

As the founder of my own counseling and consulting firm, I am able to focus on aspects of the work that are truly important to me. I specialize in EMDR counseling and consultation as one of the most respected practitioners of this modality in the Chaffee County area. I have provided supervision, training, and consultation for a broad variety of organizations including: The University of Denver (CO), Children's Charter Trauma Clinic (MA), Buena Vista Library (CO), The Alliance Against Domestic Abuse (CO), Alpine Achievers Division of AmeriCorps (CO), and more. I have co-facilitated EMDR Basic and Refresher training since 2021 with The Road Less Traveled Counseling Center (CO), and Scaling Up (NV).

Solvista Health / Team Lead, Clinician, & Early Childhood Mental Health Consultant

June 2014 - February 2022, SALIDA, CO

As an EMDR certified counselor, I provided mental health care for individuals and families including assessment and evaluation, intervention and treatment plan development as well as articulation with various partner agencies. My work included work beyond the Solvista center in hospital, satellite, community task force and school settings.

Working as the early childhood mental health consultant and team lead for the agency, I led the early childhood mental health team that developed and delivered curricula to various parent and professional groups within the schools of Chaffee, Fremont, and Lake counties. This included various models of instruction, consultation, professional training, and other short and long term supports.

Colorado State University - Pueblo / Adjunct Professor

August 2013 - January 2015, PUEBLO, CO

I was recruited for employment as an adjunct professor of WS 100: Introduction to Women's Studies. This course served two purposes: to train students in feminist perspective-taking, and to introduce them to issues impacting women's lives using an interdisciplinary framework. These were semester-long courses with average class sizes of around 30 students and consisted of a curriculum containing lecture, group work, individual and group reflection, and individual large projects.

Education

Adams State University / Master of Arts in Counseling: Clinical Mental Health

GRADUATED- MAY 2015, ALAMOSA, CO

Cumulative GPA 4.0

Colorado State University - Pueblo / Bachelor of Science

GRADUATED- MAY 2007, PUEBLO, CO

Cumulative GPA 3.95

References

Danielle del Castillo-Shelton, LPC
EMDR Lotus Counseling - Founder
danielles@emdrlotus.com
Mobile: 719.966.9861

Kelsey McNeill, LPC
Private Practice Owner
kelseym.lpc@gmail.com
Mobile: 720.202.7880

Elizabeth Legg, PhD, LPC, NCC
Licensed Psychologist
EMDR Certified Therapist, EMDR Consultant, and EMDRIA-Approved
Training Provider
720.244.1468
TheRoadLessTraveledCounseling.com
DenverCollaborativeHealthCenter.com